



All Hallows RC High School

Specialising in Business, Enterprise & Sports

150 Eccles Old Road, Salford M6 8AA

Telephone: 0161 921 1900

E-mail: allhallows@salford.gov.uk

Website: www.allhallowssalford.com

Headteacher: Mrs A. Cavanagh

15th April 2020

Dear Parent/Guardian

During these unprecedented times I wanted to remind you that we are here to support all our families. We know that the current situation relating to coronavirus (COVID-19) is affecting many of you. Our pastoral support team wish to know if we can help or support you during these difficult times.

If you have been affected by bereavement we have bespoke bereavement support in place to help you and your family. Please contact the main reception on 0161 921 1900 Monday to Friday from 8.20am – 3.00pm or alternatively e-mail studentservices@allhallowsrc.co.uk.

Many of our families will be worried about how this situation is affecting the mental health of their children. The Government have issued comprehensive guidance for parents and carers on supporting children and young people's health and wellbeing during the coronavirus (COVID-19) outbreak, covering the following;

- What you need to know(background)
- Looking after your own mental health
- Helping children and young people cope with stress
- How children and young people of different ages may react
- Children and young people who are accessing mental health services
- Children and young people with learning disabilities
- Children or young people with physical health issues
- Children and young people that care for others
- Bullying
- Money worries
- Where to get further support as a parent or carer.

The guidance can be read in full, via the following link;

<https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing>

Please remember that All Hallows staff remain in place and should be contacted for support.

Yours sincerely

Mrs Done (Assistant Headteacher)

Please read links in appendix regarding benefits and employment information.

APPENDIX

Guidance for people who were receiving benefits before the coronavirus (COVID-19) outbreak.

https://www.gov.uk/guidance/coronavirus-covid-19-what-to-do-if-youre-self-employed-and-getting-less-work-or-no-work?utm_source=1605b214-2983-45c7-8065-de67edfa9c6e&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate

Guidance for people who were employed and have lost their job due to coronavirus (COVID-19).

https://www.gov.uk/guidance/coronavirus-covid-19-what-to-do-if-you-were-employed-and-have-lost-your-job?utm_source=ea17eecf-1244-4f80-9383-ced9b496474f&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate

Guidance for people who are employed and cannot work due to coronavirus (COVID-19).

https://www.gov.uk/guidance/coronavirus-covid-19-what-to-do-if-youre-employed-and-cannot-work?utm_source=bbbde77e-1f2c-4213-9499-d6f23b7c0423&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate

Guidance for people who are self-employed and getting less work or no work because of coronavirus (COVID-19).

https://www.gov.uk/guidance/coronavirus-covid-19-what-to-do-if-youre-self-employed-and-getting-less-work-or-no-work?utm_source=1605b214-2983-45c7-8065-de67edfa9c6e&utm_medium=email&utm_campaign=govuk-notifications&utm_content=immediate