

YOUNG CARERS POLICY

At All Hallows RC High School, we are a Christ-centred community committed to living out the Gospel values in every aspect of our school life. Our school mission is to inspire, support and challenge every member of our school. We believe that every person is created in the image of God and that they grow in faith guided by the teachings of Christ. We strive to foster an environment where love, peace, courage, justice and kindness guide our actions so we develop into compassionate, resilient individuals who contribute positively to the world around them.

We are a community built on love, demonstrating unconditional respect and kindness for all. By fostering strong relationships, we ensure that every individual feels that they belong, are valued, supported and accepted as part of our family. We celebrate our differences and each person's uniqueness. We encourage forgiveness and understanding to create an environment where every pupil can flourish in their own way.

Through these values, All Hallows RC High School nurtures the whole person spiritually, academically and socially so they can achieve. We are a school where the Gospel values are not just ideals but the foundation of everything we do. With Christ at the centre, we enrich the lives of our pupils and guide them on the path of faith, purpose and integrity.

All Hallows RC High School is committed to supporting young carers to access education. This policy aims to ensure young carers at All Hallows RC are identified and offered appropriate support to access the education to which they are entitled.

Definition

A young carer is a child or young person who is helping to look after someone at home. Most are caring for a parent, commonly in a single parent family, but some may be taking responsibility for a sibling, grandparent or other relative. In some instances a young carer may care for more than one family member.

The person they look after will have one or more of:

- Physical disability (including sensory disability)
- Learning disability
- Mental health problem
- Chronic illness
- Substance misuse problem

Caring Tasks

A young carer will take on additional responsibilities to those appropriate to their age and development. A young carer might be providing the main care or share responsibilities with another family member. The caring tasks that a young carer has to deal with can range from:

Nursing care - giving medication, injections, changing dressings, assisting with mobility etc.

Personal intimate care - washing, dressing, feeding and helping with toilet requirements

Emotional care - being compliant, monitoring the emotional state of the person cared for, listening, being a shoulder to cry on, supporting a parent through depression and trying to cheer them up.

Domestic care - doing a substantial amount of housework, cooking, shopping, cleaning, laundry etc

Financial care - running the household, bill paying, benefit collection etc

Child care - taking responsibility for younger siblings in addition to their other caring responsibilities

Possible Effect on Education

All Hallows RC School acknowledges that there are likely to be young carers among its pupils, and that being a young carer can have an adverse effect on a young person's education.

Because of their responsibilities at home, a young carer might experience:

- Being late or absent due to responsibilities at home
- Concentration problems, anxiety or worry in school
- Emotional distress
- Tiredness in school
- Lack of time for homework
- Poor attainment
- Physical problems such as back pain from lifting
- False signs of maturity, because of assuming adult roles
- Behavioural problems (taking out their anger or frustration)
- Lack of time for extra-curricular activities
- Isolation, embarrassed to take friends home
- Limited social skills
- Bullying
- Feeling that no one understands and that no support is available
- Low self esteem

It also might be difficult to engage their parents (due to fears about child being taken into care, fears about their condition being misunderstood or their parenting skills being called into question). They may be unable to attend parents' evenings.

Support Offered

All Hallows RC School acknowledges that young carers may need extra support to ensure they have equal access to education. Through this policy, All Hallows RC is giving the message that young carers' education is important.

The designated link person for young carers is Mr Reid, who will liaise with relevant colleagues, Salford Young Carers and other relevant agencies with the consent of the young carer. All pupils will be made aware of the designated link.

All Hallows RC School will

- Provide young carers with opportunities to speak to someone in private, and will not discuss their situation in front of their peers.
- Appreciate that young carers will not discuss their family situation unless they feel comfortable. The young person's caring role will be acknowledged and respected.
- Treat young carers in a sensitive and child-centred way, upholding confidentiality.
- Ensure young carers can access all available support services in school.
- Follow child protection procedures regarding any young carer at risk of significant harm due to inappropriate levels of caring.
- Ensure other appropriate policies will take Young Carers into account.

- Promote discussion and learning in all areas of the curriculum to facilitate fuller understanding, acceptance of and respect for, the issues surrounding illness, disability and caring.
- Recognise that flexibility may be needed when responding to the needs of young carers.

Available provision includes (but is not limited to):

- Access to a telephone during breaks and lunchtime, to phone home
- Negotiable deadlines for homework/coursework (when needed)
- Access to homework clubs (where these are available)
- Lunchtime detentions rather than after school detentions (where possible)
- Arrangements for schoolwork to be sent home (when there is a genuine crisis). Any approved absence for a young carer will be time limited. (DfES 2006)
- Access for parents with impaired mobility or home visits where appropriate.
- Alternative communication options for parents who are sensory impaired or housebound.
- Advice to parents if there are difficulties in transporting a young carer to school.

New Pupils Identified

To raise awareness with Year 7 pupils the role of a young carer will be explained during assembly time. Questionnaires will then be given to the pupils in form time to ensure they have understood the role. Pupils who state that they are a young carer will be interviewed individually by the support worker who will make a referral to the service if appropriate. The Young Carer Worker will arrange visits to school and the family home when necessary. Mr Reid will receive regular updates from the service personal to each family

All Hallows RC School invites the Young Carers Support Worker into school during the first term to raise awareness of the role of a young carer to the year 7 pupils. Questionnaires are then given to the pupils to ensure that they have understood the role and those pupils who state that they are a young carer are then interviewed individually by the Support Worker and on some occasions referrals to the service are made. The Young Carer Worker meets all the All Hallows' young carers half termly and later meets with Mr Reid to update on current situations personal to each family.

A notice board displays information about Salford Young Carer Service and is updated regularly.

For further information please contact:

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