

All Hallows RC High School

Specialising in Business, Enterprise & Sports



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CORE PE CURRICULUM OVERVIEW

MR M TOMLINSON

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WE AIM FOR ALL HALLOWS RC
BUSINESS, ENTERPRISE AND SPORTS COLLEGE TO BE A
CATHOLIC SCHOOL
TO WHICH CHILDREN WISH TO COME
TO WHICH PARENTS WISH TO SEND THEIR CHILDREN
AND WHERE TEACHERS
WISH TO TEACH

OUR MISSION IS TO OFFER A
HIGH QUALITY
CATHOLIC EDUCATION
FOR ALL, IN AN ENVIRONMENT WHERE
GOSPEL VALUES ARE CENTRAL
TO TEACHING AND LEARNING
AND IN WHICH THE
UNIQUE VALUE
OF EACH PERSON IS
RECOGNISED AND RESPECTED

Curriculum Intent

The All Hallows PE Department aims to provide pupils with a high-quality physical education. We aim to inspire all pupils to succeed and excel in competitive sport and other physically-demanding activities. We want to provide opportunities for building confidence and resilience in a way which supports their health and fitness. We strive to provide as many opportunities as possible for pupils to compete in sport and other activities that build character and help to embed values such as fairness and respect.

Our Aims

- We aim to develop pupils knowledge and ability to excel in a wide range of physical activities
- We aim for pupils to be physically active for sustained periods of time
- We aim to engage pupils in competitive sports and activities
- We aim for pupils to have the knowledge and capabilities to lead healthy, active lives.

Attainment Targets - What we want them to accomplish in KS3

- Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]
- Develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics]
- Perform dances using advanced dance techniques within a range of dance styles and forms
- Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group
- Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best
- Take part in competitive sports and activities outside school through community links or sports clubs.

What we want them to accomplish in KS4

- use and develop a variety of tactics and strategies to overcome opponents in team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]
- develop their technique and improve their performance in other competitive sports,[for example, athletics and gymnastics], or other physical activities [for example, dance]
- take part in further outdoor and adventurous activities in a range of environments which present intellectual and physical challenges and which encourage pupils to work in a team, building on trust and developing skills to solve problems, either individually or as a group
- evaluate their performances compared to previous ones and demonstrate improvement across a range of physical activities to achieve their personal best
- continue to take part regularly in competitive sports and activities outside school through community links or sports clubs.

KS3 & KS4 Order of Teaching 2022/2023

Year Group	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2		Floating To be delivered when Sports Hall is unavailable.
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
7	Gym	Dance	Dance	Gym	Badminton	Table Tennis	Table Tennis	Badminton	Athletics		Softball	Rounders	OAA
8	Gym / Trampolining	Dance	Dance	Gym / Trampolining	Basketball	Netball	Rugby	Basketball	Athletics		Softball	Rounders	OAA
9	Football	Basketball	Basketball	Hockey	Badminton	Table Tennis	Table Tennis	Badminton	Athletics		Rugby	Netball	OAA
10	Fitness	Fitness	Football	Trampoline	Basketball	Hockey	Table Tennis	Badminton	Athletics		Softball	Rounders	OAA
11	Fitness	Fitness	Football	Trampoline	Basketball	Hockey	Rugby	Netball	Softball	Rounders			OAA

#TheAllHallowsWay



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